



QPR TRAINING

LEARN TO RECOGNIZE THE WARNING SIGNS OF SUICIDE TO HELP OTHERS

Q=QUESTION

P=PERSUADE

R=REFER

JOIN US FOR THIS TRAINING

DATE: JULY 13TH, 2021

TIME: 10:30A.M.

PLACE: IMMANUEL LUTHERAN CHURCH, CROSBY

ADDRESS: 600 4TH STREET SW CROSBY, MN 56441

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR is an evidenced base 3 Step National Training. 1 CEU is available.

FOR MORE INFORMATION CONTACT: MARY @ 218-828-4515